My HealthWorks

NANO CURCUMIN

Nano Curcumin contains curcumin and piperine, both of which are popular inegrdients in Ayurvedic medicines. Curcumin, an active ingredient of Turmeric has high antioxidant value and boosts the immune system. It is powerful anti-inflammatory agent helping to attain good health and positive effect in many diseases. Piperine is a great antioxidant, good for hernia, Promotes sweating & urination and keep the skin healthy. Regular use of Nano Curcumin improves immunity & health in general.

Curcuminoids: Curcuminoids or Curcumin is the most important active ingredient in turmeric. Curcumin (curcuminoids) has powerful anti-inflammatory, anti-tumor and antioxidant properties. It helps relieve inflammatory pain and protect tissues from the damage that inflammation may cause, suitable for use in a wide range of acute and chronic inflammatory conditions, including osteoarthritis, rheumatoid arthritis, sports injuries, RSI, muscle sprains, bruises, menstrual pain and medically-diagnosed irritable bowel syndrome (IBS), also supports immune health, brain health, and liver and gall bladder function, and helps healthy people maintain cholesterol and blood sugar within the healthy range.

Piperine: Piperine (Black Pepper) is the fruit of the black pepper plant from the Piperaceae family and is used as both a spice and a medicine . It has antioxidant like pepper can prevent or repair the damage caused by the free radicals and thus help to prevent cancer, cardiovascular diseases and liver problems. Free radicals are the byproducts of cellular metabolism that attack healthy cells and cause their DNA to mutate into cancerous cells. Antioxidants like black pepper neutralize these harmful compounds and protect your system from many conditions, even premature aging symptoms like wrinkles, age spots, macular degeneration, and memory loss. It is also good for conditions of hernia, hoarseness and insect bites. It is also commonly used to treat conditions of tooth decay and toothache.

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